



# Role modeling



**Where to start:** Tweenagers are becoming more aware of the people around them and who they admire. They may have a favorite musician, actor, politician, athlete, scientist, YouTuber, or TikToker. Start with a conversation about the qualities of this person.

**Prompt:** What public figure do you most admire and why?

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**How to go deeper:** Often when someone is a public figure, we don't see every part of their life. Even when they share private things on social media, there are things we don't see, like something they're worried about or struggling with, their messy bedroom, a pimple, a fight with a family member. Do you think it's important for public figures to always put their "best face forward" and always show the good? Would they be less admirable if you knew more details about their life? (Use the back of this page to write.)