Be prepared

Where to start: Start a conversation with a big "what if": If you were in an action movie and faced a zombie apocalypse or getting stranded on a desert island (or some other challenging situation that isn't as scary to consider), what would you bring? Why?

Prompt: What three essential things would you want to have in your backpack in the event of an emergency? Explain why each item is important.

How to go deeper: How would your backpack items differ from those in your friend's backpack? (Use the back of this page to write.)

Great! SCHOOLS.org